

# Wakefield Able2 News



ISSUE 6

## THE WAKEFIELD ABLE2 CLUB NEWSLETTER

Keeping you informed of news and events. Oliver, and his father Steve are editors of our newsletter and they need your help. Please send articles, photos and ideas to be included in the newsletter to: [able2news@thepeacefamily.co.uk](mailto:able2news@thepeacefamily.co.uk) or hand to Steve Peace (Oliver's dad).

### ABLE2 TRIUMPH AT REGIONAL AND NATIONAL HALLIWICK CHAMPIONSHIPS

A team of 10 swimmers from Wakefield Able2 Club competed in the Halliwick Swimming Gala at Hull on Saturday 20th September. They were: Ashleigh, Ryan S, Aaron, Jamie, Sophie, Thomas W, Jason, Oliver, Elliot and Gavin. Swimmers from Yorkshire and Humberside (aged 8-80 years) competed in races ranging from 25 metres to 100 metres freestyle and 4x 25m relays. All members of the Able2 team finished first, second or third in their races and came away with an array of medals. The eight junior swimmers were also awarded the Junior Team Cup and trophy.

Jamie gained gold medals in 3 events. Jamie, along with other winners from Able2, was invited to compete in the Halliwick 2008 National Championships on Saturday 11th October at Pontypool, Wales.



Kevin and eight swimmers from Able2 joined other swimmers from the Yorkshire region to form the Halliwick ASTRA 5 team. It was an early start on Saturday, followed by a 4- hour coach journey to South Wales. We made some new friends that day, especially Aaron! Our swimmers were brilliant. Thomas gained silver in his 50m race and Ashleigh was crowned UK Champion 2008 for winning the girls 100m freestyle. The ASTRA 5 team finished third overall.



## WAKEFIELD EXPRESS SPORTS AWARDS

On September 22nd Castleford Civic Centre hosted a special evening to celebrate the achievements of Wakefield's top sporting stars. Among those attending were Olympic, European and World Champions, Wakefield Able2 Rovers Boccia team, Sheffield Wednesday Captain Richard Wood and BBC Look North presenter Harry Gration.

Ryan, Sarah and Oliver, the Wakefield Able2 Rovers Boccia team, were Runners-Up in their award category and were presented with an engraved silver plate. This award was given in recognition of their successes in regional and national boccia events during 2008.



*Kevin and the Rovers*



*Sarah with the award*



*The boys meet Harry Gration*

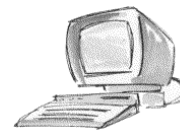
## CP SPORT REGIONAL AMBULANT SOCCER LEAGUE 2008-9

Thirty-six players representing seven teams attended the inaugural Cerebral Palsy regional football league festival at Featherstone Technology College, on Saturday October 18th, which was supported by 'The Sydney Black Charitable Trust'.

In the Under 13s competition, Wakefield Rhinos finished top with Wakefield Rovers in third. In the Under 17s, Wakefield Wildcats were undefeated all day, finishing top of their table with the Wakefield Tigers a close second.



## ELECTRONIC ABLE2 NEWS



Why not subscribe to the electronic version of the Able2 Newsletter? Subscription is free and newsletters are delivered to you via email. To subscribe, simply send an email to: **subscribeAble2@thepeacefamily.co.uk** - please indicate if you prefer to receive your newsletter in Microsoft Word (.doc) or Adobe Acrobat (.pdf) format.

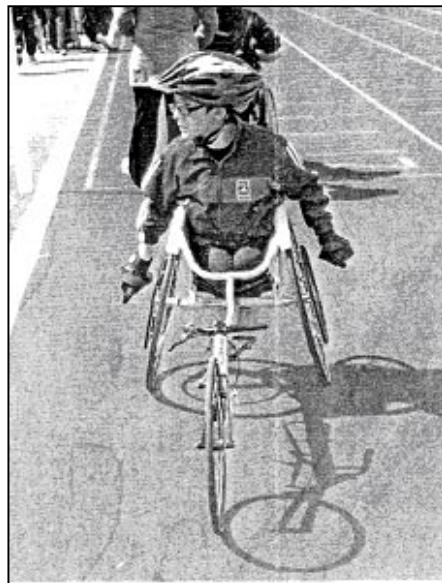
Don't forget to visit our Club website for news and events and take a look at our gallery photos at: **www.able2.org.uk**

## WHEELCHAIR RACING

by Able2 Club member Christopher Maw

I have always enjoyed racing in sport events during the last 3 years because I enjoyed taking part in the 60m races at Sheffield with Tina Gordon. Two years ago I wanted to get better. I went into a 100m race in my basketball chair I year ago, but my time was slow. I saw other athletes in racing chairs and was told about a racing club at Leeds where Paul Moseley was the coach. My Dad took me for a visit to Leeds Stadium and I was given a racing chair to try. It felt really different sitting in a racing chair to a normal chair and trying to get around the track for the first time was so exhilarating, I enjoyed the feeling it gave me. I wanted more.

Mum and Dad found out about an organisation called, 'Get Kids Going' and put an application in for a grant towards purchasing a racing chair for me, which I got on the 30th April 2008 and the following day I had my first race at Keepmoat Stadium, Doncaster. I took part in the 100m and 200m races and also a throwing event, throwing a distance club. I got the qualifying times for these events to be able to go the Nationals in Blackpool. I have also entered CP events in Nottingham and taken part in 3 out of 4 racing events. One of them I couldn't get to, due to illness.



*Christopher at the Keepmoat Stadium Doncaster - 1st May 2008*

I went to Blackpool to the Nationals in July and came back with 5 gold medals and 1 silver. In the individual races of 100m I did a time of 25.5 seconds. The 200m I did it in 47.1 secs, which was a national record, and the 400m I achieved a time of 1 min. 40 secs, which also was a national record. My PB in the 100m is 23.02 secs, and the above times in the 200m and 400m are my PBs.

I enjoy the adrenalin rush, and the power that it gives me in my new racing chair. I would love to get faster and be with the best.

### DISABILITY AWARENESS EVENT

Kidz Aware invite you to an opportunity for the parents, families and Carers of children with disabilities within the Wakefield District to meet the people who provide support services. This will be on Wednesday 19th November 2008, between 10:00am - 2:30pm at West Wakefield Methodist Church, Thornes Road, Wakefield, WF2 8QR.

Some of the services being represented on the day are:

Wakefield Family Services, Carers Wakefield and District, Wakefield Parent Partnership Service, Federation of Disability Sports Organisations, South West Yorkshire Mental Health Trust, Scope, Aids and adaptations team.

For further information, please contact Kidz Aware Telephone: 01924 385977 Email: [info@kidzaware.co.uk](mailto:info@kidzaware.co.uk)

## CP SPORT NATIONAL JUNIOR SWIMMING GALA

Sophie travelled to Leek, in Staffordshire for the CP Sport National Junior Gala on Sunday 12th October. She competed in three events, winning medals in all of them.

Sophie, with her medals:

50m breaststroke - bronze  
50m freestyle - gold  
25m freestyle - bronze



## DSE JUNIOR BOCCIA TRIALS

Several members of Able2 have recently attended trials for the Yorkshire Junior Boccia Team. Trials were held at Featherstone on 28th September and York on 19th October.



Caroline England from York and Kevin Barraclough are managers of the Yorkshire squad and will take the Team to compete at the DSE Open Junior (U-26) Championships 2008, on Saturday 22nd and Sunday 23rd November at the English Institute of Sport, Sheffield.

## FORTHCOMING EVENTS NOVEMBER 2008

DSE Swimming Gala  
Thursday 6th November  
Ponds Forge, Sheffield

CP Sport Boccia Championships  
Saturday 8th November  
Nottingham

Disability Gymnastics & Trampolining  
Sunday 9th November  
Bradford

Rotary Club Games  
Saturday 8th & Sunday 9th November  
Coventry

Basketball League Tournament  
Saturday 29th November  
Nottingham

CP Sport Ambulant Soccer League  
Sunday 30th November  
Aston Villa